

775.827.3777

**Denise Montagne, PT***CranioSacral and Manual Therapist*

Denise earned her BS Degree in Physical Therapy at the University of North Dakota in 1990. She has been a fitness instructor for 29 years and is a certified instructor in Pilates and Gyrotonics. In addition to being a life-long athlete, Denise is an avid horseback rider in jumping, dressage and trail riding. In her spare time Denise enjoys water and snow skiing, mountain biking, ballet, tap and jazz dancing. She has 6 horses, 5 dogs and a cat. Home is a busy place!

Denise has advanced training in CranioSacral therapy and Osteopathic Manual Therapy. She works a combined approach with manual therapy specializing in neck and back injuries.